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ABSTRACT

On the premise that even young students can learn to study effectively, this book provides a framework and activities for the systematic teaching of study skills during the elementary grades. The book is consistent with current research and theory about learning and remembering; concepts such as schema and metacognition pervade the suggested classroom and student activities. Relevant research is discussed at the beginning of each chapter, and week-by-week outlines of suggested classroom activities are presented. The reproducible student activity sheets support a systematic study skills program for elementary students. The first chapter defines study skills and describes how to use the guide. Chapter 2 describes activities designed to help students develop metacognitive awareness, monitor their learning, and make connections with what they already know. Chapter 3 suggests methods for teaching organizational skills, from keeping a neat desk, work folder, and assignment sheet to scheduling an appropriate time and place to study. Chapter 4 through 6 propose methods for extracting information, such as identifying and remembering main ideas, and strategies to promote active reading and active listening. Chapters 7 and 8 suggest ways for organizing newly acquired information, such as note-taking and mapping. Chapters 9 and 10 propose skills for effectively demonstrating knowledge by answering essay questions and writing summaries and reports, as well as taking tests. Contains 99 references. (AA)

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